



X-Plosion Player/ Parent Manual

Mission

To provide a positive, competitive environment with an emphasis on teaching the fundamentals and rules of the game of fastpitch softball. Sportsmanship, teamwork and safety are to be stressed. It is an organization of volunteers committed to building an appreciation for the game of softball through quality coaching.

Financial Obligation

The Coach will communicate the amount and due date for team fees. If a player is in need of financial assistance, contact the Board President.

Player fees will cover the expense of uniform jerseys, team equipment, insurance, practice facility, team tournament expenses, league fees, coaches' clinics, and club fees. Additional uniforms needs, helmets and Xplosion bags will be an additional cost depending on the need of the player.

Every player is provided the opportunity to pay a reduced fee if they choose to take advantage of the fund raisers. If your player chooses to leave the Xplosion or is dismissed from the team due to rule violations or disciplinary reasons, these fees are non-refundable.

When your team is playing out of town, each parent is responsible for all meals and lodging, tournament gate fees, and make arrangements if they are unable to accompany their child on trips. It is not the responsibility of any coaches to do so.

X-Plosion Team Fees

Each team will be required to pay a fee to PVGFSA each year. This total will be decided each season. These fees include covering the cost of insurance (team and organization), Website fees, sanction fees, coach background checks, postage, team banners, select team equipment including, x# of balls, first aid equipment, score books, line up cards....additional as needed, organization equipment including field maintenance.

Teams can raise funds for the X-Plosion fees in a couple different ways. Most teams find team sponsors. The Team Sponsor's logo will be placed on the team banner which is hung at every

game as well as the X-Plosion website. The sponsor may also choose to receive a plaque to hang in their place of business.

Teams Formation

Qualifications

Any player is eligible to try out for a team of the PVGFSA.

Softball will host teams at the following age groups providing that there are volunteer coaches and support at each level and team.

- ❖ 6U league - spring only
- ❖ 7U - max of 2 teams
- ❖ 8U - max of 3 teams
- ❖ 9U - max of 3 teams
- ❖ 10U - max of 3 teams
- ❖ 11U - max of 3 teams
- ❖ 12U - max of 1 team
- ❖ 13U - max of 1 team
- ❖ 14U - max of 1 team
- ❖ HSO - max of 2 teams

Baseball will host teams at the following age groups providing that there are volunteer coaches and support at each level and team.

- ❖ 9U - max of 1 team
- ❖ 10U - max of 2 teams
- ❖ 11U - max of 2 teams
- ❖ 12U - max of 2 team
- ❖ 13U - max of 1 team
- ❖ 14U - max of 1 team

Tryouts

Formal tryouts will be held annually each summer to place players on teams. The tryout is to assess the skill level of the players and place them on teams. Players will be rated on fielding, throwing, hitting, running and pitching. Team selection will be based upon the results of the tryouts and input from coaches based on their knowledge of the players.

Dates will be posted on the PV X-Plosion website, on Facebook, through the Pleasant Valley School system for announcements. Player Registration can be filled out on the PV X-Plosion website on;y. A media release and medical release form will also need to be filled out at the time of registration.

Team Formation

The PVGFSA will strive to have enough teams and coaches to accommodate all players interested in and capable of playing competitive fastpitch softball but cannot guarantee all prospective players will be on a team.

After team selection, coaches will discuss commitment for practices, games and tournaments with the players and parents at a Parents' Meeting. If parents and/or players do not feel that they are ready for this type of commitment, they will be encouraged to pursue softball through one of several recreational leagues in the community.

Player Expectations

At the beginning of each season, a Player Contract will be signed by each player. A player will not participate in games or practices until this form is signed.

The PV X-Plosion teams can play in tournaments in both the Fall, Winter, Summer, and Spring. Practice and games are mandatory unless excused by the head coach prior to a scheduled practice. We encourage multi-sport athletes. If other practices and games interfere, it must be communicated with the coach so an alternate solution can be reached for the player to be able to participate and develop with the team. Practices will continue through the winter months, the frequency will be determined by the coach.

Have your child be there and ready on time! We know things happen, but it is key to plan ahead. If you are going to be late contact your coach as soon as possible. If a player is late to the established arrival time of a game, each team will handle the situation as it is appropriate. This could include sitting the game, missing an inning, not starting, or being moved in the batting line up. This is up to the coaches discretion. ALL players will be treated the same under the circumstances for that team.

There is no guideline established for player participation in games. Your payment of the player registration fee does not guarantee your player equitable playing time, particularly in tournaments.

League is the time that each player will get playing time. It is important to note that sometimes these games lasts only three innings and is very difficult to balance playing time. The coaches will do their best to get each player playing time in non sanctioned games.

Tournament and Particularly bracket play is different. The coaching staff will determine the lineup that will give the best chance to gain any competitive advantage as a team to win. As opportunities present themselves to play all players, it will be done. It is the desire of the Xplosion and its coaches that each child have an opportunity to be successful. As such, players will be placed in positions based upon their ability for success and contribution to the team at that position.

Positions, including the bench, all have vital roles in contributing to our team. Outfield positions are just as important as infield positions. The coach will make out the lineup with what he/she feels gives the team the best chance at being competitive and winning that particular game.

Other Player Expectations:

- Each player is responsible for their equipment. All equipment used by players must meet or exceed USSSA standards. Each player is responsible for providing their own fielding glove, batting gloves, bat, cleats, catcher's equipment for ages 10+ and safety equipment face mask (softball) cups (baseball).
 - Effort and hustle are two things a player can control, both are expected at every practice and game.
 - Be Coachable - this includes listening and keeping eye contact with the Coach whenever they're talking.
 - Players are not allowed to argue with coaches, parents or umpires for any reason. Failure to do so can result in suspension or removal from the team.
 - Practice counts- if you miss practice or games, your coach can make the decision to have you sit in future games.
 - Foul language and profanity will not be tolerated at any time. Use of this language will result in suspension, or removal from the team.
 - Good sportsmanship is a club expectation for each player.
 - Pouting and hanging one's head over an error or mental mistake will have no place on the team. Players are expected to identify and learn from their errors/mistakes.
 - Players are not allowed to sub for another team without prior approval from the head coach. Violation of this rule will result in a one-game suspension and possible removal from the team.
 - Bullying will not be tolerated in any form. Any knowledge of this situation should be brought to the Coach and Board President immediately.
 - You are a representative of yourself, your family, your team, X-plosion organization, the community, and more - if at anytime you do not handle yourself in a professional matter. You will be addressed by the a member of the board, your coach, and parents, penalties will be decided and will be enforced.
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Parent Expectation

The Xplosion is an organization of volunteers committed to building an appreciation for the game of softball. The success of our club is a reflection of the countless hours of our parents and the many different talents they bring to our club. If you'd like to share your talents with the club please talk with your coach or the Board President.

Expectation of our Parent

- If you are not staying at a practice or game, you must ensure that a coach is present and has acknowledged your child's presence prior to departing.
- Allow your daughter to participate on the team in her own way; don't re-live your career through your child.
- Show positive support and encouragement for your player, for all members of the team, and for the Xplosion program.

- Do not coach your player from the stands and remain a good distance from the dugouts unless directed otherwise by the coaches. Please allow the only adult contact with your player during a game to be the coaching staff.
- Be a good FAN. We teach our team to respect all opponents and umpires, we ask that you do the same. IT IS NOT YOUR CALL!! Remember your comments can and do affect the future of the game and future games. Umpires are like elephants, they never forget. Have amazing hearing and poor eyesight - ;)
- Athletes must attend all practices, games, and tournaments. Please make sure they are where they need to be, when they need to be there. If for some reason you are not available please let the coach know so they can make proper plans.
- Bullying will not be tolerated in any form. Any knowledge of this situation should be brought to the Coach or Club President immediately.
- Any verbal/physical threats, attempts, or connections will result in a meeting with the board and can result in the removal of your family from the program.
- If you wish to address a coach for any reason, the following practices will be observed.
 - Do not interrupt during a game, or practice
 - Allow for a 24 hour cool down period
 - Do not use threats, foul language
 - Expect to be treated the way you are treating others

Team Communication

Webstore Purchases



X-Plosion Player/ Parent Contract

Please read through the Player/Parent Manual, sign the form below and return to your coach by your first practice.

I, _____ (player name) have read through the Player/Parent and accept all terms and conditions.

Player Signature

Date

I have read through the Player/Parent and accept all terms and conditions.

Parent #1 Signature

Date

Parent #2 Signature

Date